

# The Gym Group – Additional terms & conditions for up to 50% off first month & no joining fee offer January 2026

## Introduction

The following terms apply to all members using the offer valid between 00:01 05/01/2026 until 23.59 12/01/2026 and should be read in conjunction with the membership terms and conditions found at:

- Membership agreement and terms & conditions ([www.thegymgroup.com/legal](http://www.thegymgroup.com/legal))
- Privacy & cookie policy ([www.thegymgroup.com/privacy-cookie-policy](http://www.thegymgroup.com/privacy-cookie-policy))

## Additional terms

Additional terms and conditions of the offer are as follows:

1. The offer can only be used on our monthly membership products at participating gyms. The membership includes all relevant product benefits.
2. The actual discount across memberships will differ by location and can be viewed on the relevant gym page or once you have selected a gym in the joining process, the discount code (where relevant) stated on the gym page must be entered to redeem the relevant offer.
3. The Offer cannot be used in conjunction with another offer.
4. The Offer cannot be transferred to another person.
5. The Offer cannot be exchanged for cash or any other product or service.
6. We reserve the right to amend or remove the Offer at any time.
7. The Offer can only be activated using the relevant promotional code provided by the representative of The Gym Group at the start of the membership, during the Offer's validity period.
8. The Offer is only available at open gyms and excludes gyms that do not show the offer on the join page.
9. We reserve the right to make reasonable changes to Gym Rules and the Membership Agreement at any time. It is your responsibility to check online at regular intervals for changes to these documents.

10. We reserve the right to remove the Offer from a location during the promotional period for health and safety reasons, for example, if the location becomes too busy.